

The book was found

How Not To Hate Your Husband After Kids



Synopsis

Featured in New York Magazine's The Strategist A hilariously candid account of one woman's quest to bring her post-baby marriage back from the brink, with life-changing, real-world advice. How Not To Hate Your Husband After Kids tackles the last taboo subject of parenthood: the startling, white-hot fury that new (and not-so-new) mothers often have for their mates. After Jancee Dunn had her baby, she found that she was doing virtually all the household chores, even though she and her husband worked equal hours. She asked herself: How did I become the 'expert' at changing a diaper? Many expectant parents spend weeks researching the best crib or safest car seat, but spend little if any time thinking about the titanic impact the baby will have on their marriage - and the way their marriage will affect their child. Enter Dunn, her well-meaning but blithely unhelpful husband, their daughter, and her boisterous extended family, who show us the ways in which outmoded family patterns and traditions thwart the overworked, overloaded parents of today. On the brink of marital Armageddon, Dunn plunges into the latest relationship research, solicits the counsel of the country's most renowned couples' and sex therapists, canvasses fellow parents, and even consults an FBI hostage negotiator on how to effectively contain an "explosive situation." Instead of having the same fights over and over, Dunn and her husband must figure out a way to resolve their larger issues and fix their family while there is still time. As they discover, adding a demanding new person to your relationship means you have to reevaluate--and rebuild--your marriage. In an exhilarating twist, they work together to save the day, happily returning to the kind of peaceful life they previously thought was the sole province of couples without children. Part memoir, part self-help book with actionable and achievable advice, How Not To Hate Your Husband After Kids is an eye-opening look at how the man who got you into this position in the first place is the ally you didn't know you had.

Customer Reviews

View larger

View larger

View larger

View larger

"Get this book for your pregnant friends, or yourself." —People "Dunn's writing is effortless and chatty.... The book is compassionate and reasonable.... This book would make a far more practical shower gift than, say, yet another organic cotton receiving blanket. Babies grow up fast and require less stuff than we usually buy them; we adults are the ones that keep growing." —Jezebel

[Download to continue reading...](#)

How Not to Hate Your Husband After Kids Books For Kids: Natalia and the Pink Ballet Shoes (KIDS FANTASY BOOKS #3) (Kids Books, Children's Books, Kids Stories, Kids Fantasy Books, Kids Mystery ... Series Books For Kids Ages 4-6 6-8, 9-12) My Husband's a Porn Addict: A wife's tormenting journey through her husband's addiction ((Pornography addiction, porn addiction, spouse of porn addict)) Statistics for People Who (Think They) Hate Statistics (Salkind, Statistics for People Who(Think They Hate Statistics(Without CD)) Healing a Spouse's Grieving Heart: 100 Practical Ideas After Your Husband or Wife Dies (Healing Your Grieving Heart series) Wife After God: Drawing Closer to God & Your Husband Husband After God: Drawing Closer To God And Your Wife Narcissistic Parents.: 10 Tips on How to Not Hate Your Parents. Toxic parents,immature parents. (Borderline Personality Disorder, Narcissistic Parent, ... the Narcissist Book2.Immature parents.) Choices: My Journey After Leaving My Husband for Martina and a Lesbian Life My Husband's Lesbian Boss: Book 1: After Party Brave: How I rebuilt my life after love turned to hate Books for Kids: Lily the Little Mermaid (Mermaid Books for Kids, Children's Books, Kids Books, Bedtime Stories For Kids) (The Mermaid Stories: Kids Fantasy Books Book 2) Childrens Book : Fun facts about Egypt: (Ancient Egypt for kids) (Ages 4 - 12) (egypt picture book, pyramids for kids, mummies for kids, hieroglyphs for ... books for kids, egypt history for kids) Books For Kids : Charlie The Smart Elephant (FREE BONUS) (Bedtime Stories for Kids Ages 2 - 10) (Books for kids, Children's Books, Kids Books, puppy story, ... Books for Kids age 2-10, Beginner Readers) Books For Kids : Mimi finds a new friend (FREE BONUS) (Bedtime Stories for Kids Ages 2 - 10) (Books for kids, Children's Books, Kids Books, cat story, ... Books for Kids age 2-10, Beginner Readers) What Your Doctor May Not Tell You About(TM): Premenopause: Balance Your Hormones and Your Life from Thirty to Fifty (What Your Doctor May Not Tell You About...(Ebooks)) She's Not the Man I Married: My Life with a Transgender Husband There Was and There Was Not: A Journey Through Hate and Possibility in Turkey, Armenia, and Beyond Business For Kids: for beginners - How to teach Entrepreneurship to your Children - Small Business Ideas for Kids (How to Start a Business for Kids - Business for children - Kids business 101) What Your Doctor May Not Tell You About(TM): Breast Cancer: How Hormone Balance Can Help Save Your Life (What Your Doctor May Not Tell You About...(Paperback))

[Contact Us](#)

[DMCA](#)

[Privacy](#)

